

FAMILY NAME: **SMITH**  
 FIRST NAME: **MARTIN**      NHS No: 700 840 0000  
 DATE OF BIRTH: 6.12.2000

## Initial Health Assessment Summary Report

*Re: Unaccompanied asylum seeking young person*

DATE OF ASSESSMENT: <b>16.11.2015</b>		VENUE: <b>SEVENOAKS CLINIC</b>	
FAMILY NAME: <b>SMITH</b>		INTERPRETER PRESENT? <b>Y / N</b>	
FIRST NAME / NAME KNOWN AS: <b>MARTIN</b>		LANGUAGE : <b>TIGRINYA / ENGLISH</b>	
<b>NHS No: 700 840 0000</b>			
Date of birth: <b>06.12.2000</b>	Age: <b>14 years 11 month</b>	<b>M / F</b>	
Country of origin: <b>Eritrea</b>	Ethnic Origin (own description): <b>Eritrean</b>		
Religion: <b>Orthodox Christian</b>	Date taken into LA care: <b>23.8.2015</b>		
Current Address: <b>Chocolate Cottage Warren Road KENT TN13 700</b>		Type of accommodation: <b>Foster carer</b>	
NAME of Carer: <b>Scarlett O'Hara</b>			
CONSENT for examination: <b>Verbal consent from Martin ; written consent from Team manager</b>			
NAME of interpreter / Contact agency: <b>None</b>			
NAME of Doctor carrying out health review:  <b>Dr Who</b> The Heathside Centre Invicta House Heath Road Coxheath Maidstone Kent ME17 4AH  Tel: 01622 700000			
PERMISSION for report copies to GP / Social worker  NAME of Social Worker : <b>Melinda Carter</b> Telephone : <b>03000 400000</b>  ADDRESS: <b>KCC Social Services, Ashford</b>  NAME OF THOSE PRESENT at time of examination, and relationship to young person; <b>Martin and carer Scarlett</b>			



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Registered with a GP	Y / N	GP details: <b>Dr No Paddock Wood</b>
Registered with a DENTIST	Y / N	Dentist details: <b>Paddock Wood</b>
Registered with an OPTICIAN	Y / N	

OTHER HEALTH PROFESSIONALS INVOLVED: **None**

#### OTHER RELEVANT INFORMATION

Martin is an unaccompanied young person who is asylum seeking. He does not yet know who his solicitor is and has not yet had his Asylum interview. He is not known to the Refugee Council Children's Panel.

Martin has been in the UK since 23/8/2015 when he arrived at port after 8 months travelling to reach the UK. He has been in the same placement since this time. The journey from Eritrea was traumatic – Martin witnessed people dying on the way. He spent 2 months locked up in a house and had to sleep sitting up as the place was so full. He has no ongoing pressure being exerted by outside and does not appear to be the victim of trafficking for gain.

Martin was in regular education from 4 years of age. He attended school from 6am – 12 noon each day. He had not yet sat any certificated exams. Martin is now attending a Year 10 class at mainstream school and enjoying this and making friends. He is getting EAL support.

#### PHYSICAL HEALTH ISSUES:

##### (a) Past issues

Martin had lost weight on his journey which included 2 weeks with no food but he has regained 5kg since arrival in the UK. He has no serious past health issues and never had to see a doctor. There is no known significant family health history though Martin thinks his mother has diabetes. He is the third oldest of 6 children – there is a new baby in the family.

##### (b) Newly identified issues

No ongoing health issues. Martin is not on any medication and has no known allergies.

#### MENTAL HEALTH ISSUES:

MOODS AND FEELINGS QUESTIONNAIRE (MFQ) SCORE = 1 / 26

Martin is experiencing the loss of family and country. However he appears to have a positive outlook and presents as resilient. He describes occasional distressing memories but these are not impacting on day to day life. He is not getting any post traumatic symptoms though was getting "hot hands" all the time – this has improved.

#### LIFESTYLE ISSUES:

No use of recreational drugs, alcohol nor tobacco. Martin is involved in regular sport playing football everyday. Martin has a good relationship with his carer and family. He does not have a girlfriend and is not sexually active. Martin can cook well. He is managing his pocket money. He is able to undertake his own personal care.



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**IMMUNISATIONS:**

Immunisation status known? **Y / N**  
 BCG scar **Y / N** recorded today

Vaccine	Dates	
BCG		?
Hepatitis B		?
Diphtheria/Tetanus/Pertussis/Polio/HIB – 1 <sup>st</sup> dose	Pneumococcal 1 <sup>st</sup> dose	?
Diphtheria/Tetanus/Pertussis/Polio/HIB – 2 <sup>nd</sup> dose	Meningitis C 1 <sup>st</sup> dose	?
Diphtheria/Tetanus/Pertussis/Polio/HIB – 3 <sup>rd</sup> dose		?
Pneumococcal/Meningitis C 2 <sup>nd</sup> dose		?
HiB Men C 1 <sup>st</sup> booster		?
MMR 1 <sup>st</sup> dose		?
Pneumococcal 1 <sup>st</sup> booster		?
MMR 2 <sup>nd</sup> dose		?
Diphtheria/Tetanus/Pertussis/Polio – 1 <sup>st</sup> booster		?
Flu Vaccine		?
<b>NOT FULLY IMMUNISED</b>		

**SCREENING:** Sickle status? Unknown  
 Thalassaemia status? Unknown  
 Risk factors for Hepatitis B, C / HIV or Syphilis? **No specific risk identified to date**

**PHYSICAL EXAMINATION**

Weight: **52.7 kg (25<sup>th</sup> – 50<sup>th</sup> centile)** Height: **168.8 cm (50<sup>th</sup> centile)**  
 Vision: **Not formally tested**  
 Hearing: **Not formally tested**

General appearance:  
**In established puberty. Clean and well dressed. Not obviously anaemic.**

Oral Health: **Not examined in detail; no obvious caries**

Skin: **No sign of infection; some acne**

ENT: **No concerns**

Eyes: **No sign of squint. Full range of eye movements.**

Chest: **Clear**

Cardiovascular system: **Pulse rate regular. Heart sounds normal.**

**Heart sounds normal**

**No musculoskeletal symptoms. Full range of movements of joints.**



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## Health Care Plan

DATE OF NEXT HEALTH ASSESSMENT: **November 2016**

Issues	Action required	By when	Named person responsible
This young person is not fully immunised	Immunisations as per the current UK schedule	End Dec 15	Assessing clinician to write to GP to request immunisations
This young person requires TB screening	TB screening	End Dec 15	Assessing clinician to write to GP to request TB screening
This young person may be at risk of blood borne viruses	Blood testing for HIV, Hepatitis B, C to be considered	End Dec 15	Assessing clinician to write to GP to request consideration
No vision test to date	Visual assessment by optician required	End Jan 16	Foster carer to assist young person in attending opticians
Allergies	Yes/No		
Immunisations up to date	Yes/No		
Registered with GP	Yes/No		
Permanently registered with GP	Yes/No	Name:	Dr No Paddock Wood
Registered with Dentist	Yes/No		Paddock Wood

**Dr Who**  
**MBBS, MSc Community Paediatrics**  
**Specialty Doctor in Child health**  
**Medical Advisor Adoption / Fostering**

**Quality assured by:**

**Dr Senior, Designated Doctor for Looked After Children**

Copies:

Young Person (for their health passport)  
 GP  
 Social Worker  
 Foster carer  
 File

